13 weeks of classes, activities & entertainment to keep you going until Christmas!

8 Sept-17 Dec 2014

Follow us on social media:

Spotlight
30 Hay Currie Street
E14 6GN
(next to Langdon Park DLR)
020 30 111 333
hello@wearespotlight.com

Become a member and sign up online at: wearespotlight.com
Welcome to the Autumn edition of the Spotlight programme. As always we have an amazing range of partners delivering fantastic activities.

To make sure you get a place you will need to become a Spotlight member first. You can pick up a membership form from Spotlight or download it from our website wearespotlight.com. You will also need to get a parent or carer to sign the form for you if you are under 18.

Once you’re a member, you can sign up online and then we will confirm your place on the programme. Places are limited and Spotlight members will always get priority.

EVENTS

On top of all the amazing courses inside this programme we also have some extra special events coming up this Autumn...

Year 7 Open House FRIDAY 5 SEP 4-6.30PM
Are you new to secondary school and Spotlight? Spotlight is hosting a welcome party for year 7s! Come along take part in taster sessions and find out what after school clubs, programmes and activities you can join! We are even providing food, refreshments and a disco with live performances!

Open Mic hosted by ELAM MONDAYS 20 OCT & 24 NOV 7-9PM
ELAM (East London Arts & Music), the Industry Academy, hosts two special Open Mic events in the awesome performance space in Spotlight.

Over 16s Night FRIDAY 7 NOV 7-10PM
Get creative and hang out with friends. Watch up and coming DJs, bands, and MCs playing live. A party with a point. Strictly 16-19s.

Strictly Sisters (girls only events)
WEDNESDAYS 29 OCT & 26 NOV 5-8PM
Who runs the world? Girls do! Spotlight is calling girls only for a night of fun and films. Hang out with friends and take part in workshops designed and led by Spotlight’s female team. No boys allowed!

Winter Festival
WEDNESDAY 17 DEC 5-9PM
Come along to our end of term finale celebrating all the great things young people have been doing at Spotlight this Autumn.
**MONDAYS**

**Fitness Training** by Tower Hamlets Sports Development
5-6PM GIRLS 11-19s
Attention all girls! This session is designed for you! Come along, train together, and get fit in a fun environment! Delivered by female fitness coaches.

SEP 8, 15, 22, 29, OCT 6, 13, 20, NOV 3, 10, 17, 24, DEC 1, 8

**Cookery & Baking** by The Dusty Knuckles
5-6.30PM 11-14s
Discover the world of baking and cooking workshops delivered by The Dusty Knuckles. From Italy to India they take you on a culinary journey. In each session you will learn new techniques and the ability to take your food home. Limited to 10 students per class, book online.

SEP 8 & 22, OCT 6 & 20, NOV 10 & 24, DEC 8

**Guitar Band** by Music Live
5-7PM 11-19s
Always dreamt of being part of a band? Music Live’s Guitar Band is the perfect opportunity to learn guitar and gain the skills to give you a head start in the music industry. Coached by top professional musicians, we will teach you how to play and perform as a group. With opportunities to plan your songs and buss gigs, you’ll join after future pop and rock stars to create original music to be showcased in front of a live audience. Guitar Band is aimed at beginner to intermediate musicians.

SEP 15, 22, 29, OCT 6, 13, 20, NOV 3, 10, 17, 24, DEC 1, 8

**Open Mic** by Spotlight
5-7PM 11-19s
Are you a singer, poet or comedian? Need a platform to test out a new song or new material? Come along to Spotlight’s Open Mic! Taking place in our café, this is your opportunity to perform in front of a supportive audience.

SEP 8, 15, 22, 29, OCT 6, 13, 20, NOV 3, 10, 17, 24, DEC 1, 8

**TUESDAYS**

**Dance Club** by Rambert
5-6.30PM 11-19s
Delivered by professional dance company, Rambert. This is a fun, high energy dance club which means you will have the opportunity to develop new dance skills and create your own moves. To express yourself and printing. Come along and discover the arts and meet some new friends.

SEP 10, 17, 24, OCT 1, 8, 15, 22, NOV 5, 12, 19, DEC 3, 10

**Radio Training** by East London Radio
5-6PM 11-19s
Work towards a weekend broadcast with the team at East London Radio, taking place in Spotlight’s beautiful radio studio this could be the start of your career.

SEP 9, 16, 23, 30 OCT 7, 14, 21, NOV 4, 11, 18, 25, DEC 2, 9

**Instrumental Tuition** by CM Sounds
6.30-9PM 11-19s
CM Sounds will give you the chance to learn how to make, record and arrange music. Edit vocals and instrumental mixes in your own track. Come down and learn from the best music producers and artists in the business.

SEP 9, 16, 23, 30 OCT 7, 14, 21, NOV 4, 11, 18, 25, DEC 2, 9

**Kickboxing** by Tower Hamlets Sports Development
6-6.30PM 11-19s
A great way to boost your fitness and self-defence skills. Come and train with our professional instructors and kickboxers.

SEP 9, 16, 23, 30 OCT 7, 14, 21, NOV 4, 11, 18, 25, DEC 2, 9

**WEDNESDAYS**

**Café Club** by Spotlight
3.30-5PM 9+
Café Club is aimed at young people aged 9+, delivered by cutting edge creative professionals. In this club you will get the chance to try fun and interactive arts and crafts activities from illustration and fashion to stop motion animation. In this fun and friendly space, you can develop your creative skills and make new friends.

SEP 11, 18, 25 OCT 2, 9, 16 Coding
See yourself as a Code? Want to learn how to code and build a complete app on Android, iPhone and Windows Phone?
NOV 6, 13, 20, 27, DEC 4, 11

**App Design** by AppsCluster
5-6.30PM 14-19s
Spotlight App Design Do you have a flair for being creative? Have you got ideas about how a Spotlight App could look like?

SEP 11, 18, 25 OCT 2, 9, 16

**Homework Club** by Spotlight
5-7PM 11-14s
Need help with your homework or just a quiet space? Don’t panic, come along to Spotlight’s Homework Club and get the support you need.

SEP 10, 17, 24, OCT 1, 8, 15, 22, NOV 5, 12, 19, DEC 3, 10

**Football Training** by Langdon Park Laces
4-6PM GIRLS 11-19s
Langdon Park is a football club for girls between the ages 11-19. We aim to get as many girls into football as possible, while providing opportunities to get involved in the community, learn new skills and make new friends. Each week we’ll play football and then do an activity off the pitch! You don’t need to be good at football, enthusiasm is all you need.

SEP 10, 17, 24, OCT 1, 8, 15, 22, NOV 5, 12, 19, DEC 3, 10

**Boxing** by Milestone
4-5.30PM 12-19s
For boys and girls. Boxing is a great way to reduce stress, gain strength & core stability while meeting new people!

SEP 12, 19, 26 OCT 3, 10, 17, 24 NOV 7, 14, 21, 28, DEC 5

**Sofa Sessions** by Podium.me
5-7PM 11-19s
From fashion to Youtube trends, you are the ones that call the shots on the subjects we discuss. Your voice is the Podium.me podcast, which will be available online. Please come and join us on the sofa to have your say and record your opinions.

SEP 18, 25 OCT 2, 9, 16, NOV 6, 13, 20, 27, DEC 4, 11

**Spotlight Sounds** by Spotlight
5-6PM 11-19s
Record your vocals, create music, and led by you. You could follow in his footsteps and have a go at singing, drums or guitar at Spotlight! We will teach you the basics to learn the drums,964b190f9284e and lead by your vocal skills and play the bass guitar. Get expert tuition from the professionals. No previous skills necessary, just a desire to learn and be creative.

Drums: Sep 11, 18 & 25 Vocals: Oct 2, 9 & 16 Bass: Nov 6, 13 & 20
Limited to 5 places per session, booking essential.

SEP 11, 18, 25 OCT 2, 9, 16 NOV 6, 13, 20, 27, DEC 4, 11

**Spotlight Tuition** by CM Sounds
5-6.30PM 11-19s
Atomic Boys started learning guitar aged 11 and tried to his hand at singing not long after. You could follow in his footsteps and have a go at singing, drums or guitar at Spotlight! We will teach you the basics to learn the drums, and led by your vocal skills and play the bass guitar. Get expert tuition from the professionals. No previous skills necessary, just a desire to learn and be creative.

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SEP 11, 18, 25 OCT 2, 9, 16 NOV 6, 13, 20, 27, DEC 4, 11

**Yoga** by Tower Hamlets Sports Development
5-6.30PM 11-19s
Girls only yogal for absolute beginners this class is a great way to learn stretching, breathing and meditation techniques.

SEP 11, 18, 25 OCT 2, 9, 16 NOV 6, 13, 20, 27, DEC 4, 11

**Hip Hop (Dance)** by IMF
5-6.30PM 11-19s
Former finalists of ‘So you think you can dance bring hip hop dance classes to Spotlight. Don’t be shy join in every Friday and learn from IMF’s professional team.

SEP 12, 19, 26 OCT 3, 10, 17, 24 NOV 7, 14, 21, 28, DEC 5

**Girls Club** by Milestone
5-7PM GIRLS 11-19s
Girls Club designed and led by you. Supported by our fantastic female team.

SEP 12, 19, 26 OCT 3, 10, 17, 24 NOV 7, 14, 21, 28, DEC 5

**FRIDAYS**

**App Design** by AppsCluster
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