SPOTLIGHT

CLASSES & ACTIVITIES

SPOTLIGHT SUMMER HOLIDAYS
24 JULY–25 AUGUST
This Summer at Spotlight we’re offering you more!
You can earn credits by doing different activities that will book you a place on a trip.
We are also offering you the chance to get accreditations and qualifications.
All the Creative programs are Arts Award Projects - this means you could get a Bronze or Silver Arts Award for taking part in Summer - projects marked with AA are eligible.
There are also Sports leadership, coaching and even Barista (that’s coffee making) qualifications up for grabs so don’t delay…
Look out for the SA Symbol to Credit yourself this summer and get Accredited!
Details of the trips will be released throughout the summer so stick around to find out more.
GET CREATIVE

Spotlight is a Creative Youth Service designed to inspire. Take part in Creative activities to develop existing talents or try new things.

Digital Beats with Spotlight
Get Creative with our amazing in-house music team & make a summer banger! Whether its beats, lyrics or instruments that excites you, come to the studio to work on a track & perform at the end of the week.

Lansbury Spotlight
Monday 24–Friday 28 July
12–4PM
Worth 50 credits Full Week 😊

Create your Event with Urban Interface Dance UK
Got an idea for an event but don’t know where to start? Inspired by the amazing #SpotlightsUp performance, join the crew behind the event to design a showcase. You’ll learn marketing, Artist management and Social Media promotion!

Lansbury Spotlight
Monday 31 July–Friday 4 August
12–5PM
Worth 30 credits for 3 days 😊

Digital Media with Bow Arts
Last year you created a new Mural for the Games Room. This year we’re asking you to make it come to life. Using the Blippar App and multi-media techniques such as stop motion, animation and more. Create vlogs, blogs and content for the interactive wall.

Lansbury Spotlight
Monday 14–Friday 18 August
12–4PM
Worth 50 credits Full Week 😊

Jewellery Making with London College of Fashion
Come and join a jewellery workshop with London College of Fashion. You’ll have an opportunity to research and design your own pieces, working with a variety of materials and techniques! This 3 day project is for Girls Only aged 14+

Lansbury Spotlight
Monday 21–Wednesday 23 August 12–5PM
Worth 30 credits for 3 days 😊

Film A Day (Full Day) with In Motion Productions
Get a crash course on how to make movies, videos, vlogs and more. Working with Steven from IMP get to grips with cameras and sound to make a movie in a day.

Lansbury Spotlight
Wednesday 26 July, Thursday 3 & Thursday 17 August 12–4PM
Worth 10 credits each 😊

Art Attack (Full Day) with Bow Arts
Spend the day getting creative and get those artistic skills flowing. Using different art forms like Graffiti, Painting, Drawing and more see your visions come to life.

Lansbury Spotlight
Thursday 27 July, Wednesday 2 & Tuesday 8 August 12–4PM
Worth 10 credits each 😊

Beats & Loops (Full Day) with Spotlight
Using music technology create a track of your very own. Experiment with Beat Pads, Loop Pedals and Microphones, have some fun and make some jams!

Lansbury Spotlight
Wednesday 9 & Tuesday 22 August 12–4PM
Worth 10 credits each 😊

Play in a Week with The S+K Project
The amazing S+K project return for another Summer Holiday Show. Using improvisation, spoken word and physical theatre techniques, create your own show based on your ideas and issues. Perform the play on Friday night.

Lansbury Spotlight
Monday 7–Friday 11 August 12–4PM
Worth 50 credits Full Week 😊

Film A Day (Full Day) with In Motion Productions
Get a crash course on how to make movies, videos, vlogs and more. Working with Steven from IMP get to grips with cameras and sound to make a movie in a day.

Lansbury Spotlight
Wednesday 26 July, Thursday 3 & Thursday 17 August 12–4PM
Worth 10 credits each 😊

Film A Day (Full Day) with In Motion Productions
Get a crash course on how to make movies, videos, vlogs and more. Working with Steven from IMP get to grips with cameras and sound to make a movie in a day.

Lansbury Spotlight
Wednesday 26 July, Thursday 3 & Thursday 17 August 12–4PM
Worth 10 credits each 😊
GET CREATIVE

BBC 1Xtra Take Over Day
with BBC 1Xtra
Love Music?
Come to the BBC Radio 1Xtra
Takeover at Spotlight. From midday on
Friday 25th August. Off air workshops,
Q&A’s, masterclasses and more....
Lansbury Spotlight
Friday 25 August 12–5PM

DJ Workshop
with Prince Rapid
Learn to mix, cut, break and more with
the legendary Prince Rapid. Get on
the decks and be the life of the party!
Mile End Spotlight
Thursday 27 July, Thursday 3,
17 & 24 August 5–7PM

Youth Theatre
with The S+K Project
Work with up and coming Theatre
Company S+K to discover the world of
Theatre. Develop skills in improvisation,
scripts and movement.
Bromley North Spotlight
Friday 28 July, Friday 4,
11 & 18 August 5–7PM

Graffiti & Arts
with Bow Arts
Experiment with Graffiti, painting,
drawing and crafts with the talented
Bow Arts Team.
Mile End Spotlight
Monday 24 July 5–7pm
& Wednesday 16 August 4–6PM
Bromley North Spotlight
Thursday 27 July 5–7pm
& Saturday 19 August 2–4PM

Film Making
with In Motion Productions
Have a go behind the camera.
Learn the skills you need to make
short films, vlogs or music videos. With
the amazing IMP crew you’ll learn all
you need to know to get started in
filmmaking.
Bromley North Spotlight
Wednesday 2 &
Tuesday 22 August 4–6PM
Mile End Spotlight
Wednesday 9 &
Monday 14 August 4–6PM

Beat Boxing
with Lyrix Organix
Come and play with the World Champion
Beat Boxers from Lyrix Organix! Learn to
make beats and sounds with only your
mouth & a Mic!
Bromley North Spotlight
Tuesday 1 & Thursday 17 August
4–6PM
Mile End Spotlight
Monday 7 & 21 August 4–6PM

You Can’t Handle the Booth
with Ruff Sqwad Arts Foundation
Friday night studio is the place to be!
Come and lay down some tracks, create
beats, write lyrics and work towards a
mixtape with Slix & Rapid. Hold tight
though - it gets hot in the booth!
Lansbury Spotlight
Friday 28 July, Friday 4,
11 & 18 August 5–7.30PM

Beats & Loops (Mini Session)
with Spotlight
Using music technology create a track
of your very own. Experiment with Beat
Pads, Loop Pedals and Microphones,
have some fun and make some jams!
Bromley North Spotlight
Tuesday 8 August 4–6PM
Mile End Spotlight
Thursday 10 August 4–6PM
GET ACTIVE

A healthy life is a happy life! Come and try out some sport or fitness sessions at Spotlight, we’ve got everything you need to get active!

Boxing with Limehouse Boxing Academy
Get fit and train with Limehouse Boxing Academy’s fully trained coaches. Work on techniques and drills to keep you in shape!
Lansbury Spotlight Wednesdays & Fridays 4–6 PM
Mile End Spotlight Sundays 2–4 PM

Basketball @ The Workhouse with Spotlight
Its fierce competition on the court! Have you got what it takes to play @ The Workhouse?
Poplar Spotlight Mondays 5–6.30 PM, Wednesdays & Fridays 5–8 PM

Table Tennis Tournament with Spotlight
Who wears the crown of Table Tennis Champ? Get your name down to get a place in this years tournament.
Mile End Spotlight Monday 31 July 4–6 PM

Badminton Training with Spotlight
Get Trained by the team at The Workhouse to hone those badminton skills.
Poplar Spotlight Wednesdays 5–6.30 PM

Table Tennis with Spotlight
Free play Table Tennis @ Poplar Spotlight.
Poplar Spotlight Mondays 6.30–8 PM, Sundays 4–5 PM

Football
with Celtic FC Foundation
Suitable for all ages & experience football sessions.
Bromley North Spotlight Tuesdays 4–6 PM
Poplar Spotlight Wednesdays 5–6 PM
Mile End Spotlight Thursdays 6–8 PM
Lansbury Spotlight Fridays 2–4 PM

Basketball
with The London Lions
Get coached by London’s leading Basketball Team London Lions! Go through drills, training and matches, get involved now to start your own team!
Bromley North Spotlight Wednesdays 5–7 PM

Football Training
with Spotlight
Suitable for all ages football sessions happen in the Langdon Park School Pitches.
Poplar Spotlight Fridays 5–7 PM, Saturdays 2–3 PM

Swimming
with Spotlight
Sign up at Poplar Spotlight to book place Swimming.
Poplar Baths Sign up @ Poplar Spotlight Wednesday 2 & Saturday 5 August Monday 7 & Friday 11 August Monday 14 & Friday 18 August Monday 24 & Friday 25 August 1–3 PM

Sports Day
with Spotlight
Rounders, Cricket, Races & more! Get a Team together and compete to Win! Get ready for the BMX Track and ride with Access Sport, drop in sessions all throughout the day.
Lansbury Spotlight Wednesday 23 August 12–4 PM

Swimming with Spotlight
Sign up at Poplar Spotlight to book place Swimming.
Poplar Baths Sign up @ Poplar Spotlight Wednesday 2 & Saturday 5 August Monday 7 & Friday 11 August Monday 14 & Friday 18 August Monday 24 & Friday 25 August 1–3 PM
GET ACTIVE

Places are limited for the below courses. You must sign up in advance to secure your place. Email Hello@wearespotlight.com or call 0203 011 1333

**Community Sports Leaders Award**
with Sports Leaders UK
The CSLA is a nationally recognised qualification that enables successful learners to assist in leading purposeful and enjoyable sport/physical activity, under direct supervision. The course will cover: Leadership & organisation skills, planning, communication and teamwork through the medium of sport.

*Poplar Spotlight*
Monday 31–Thursday 3 August

*Bromley North Spotlight*
Tuesday 15–Friday 18 August
Worth 50 credits

**BOX Instructor Course**
with England Boxing
BOX is a new fitness experience devised by England Boxing coaches who have worked with the best boxers in the country. Participants gain all-over body conditioning while learning the techniques used by Olympic boxers to succeed in the ring. Classes incorporate many different elements of boxing training, such as partner pad-work, skipping, punch bags and shadow boxing, ensuring participants get a great overall cardiovascular workout; developing core strength, co-ordination and fitness.

*Lansbury Spotlight*
Thursday 27 July

*Mile End Spotlight*
Thursday 3 August

*Bromley North Spotlight*
Thursday 24 August
Worth 10 credits

**Table Tennis Leadership Award**
with Table Tennis England
The Table Tennis Leadership Award could be the first step on the coaching, officiating or tournament organising administration ladder for young people assisting at table tennis clubs, after school clubs, youth centres or school holiday schemes. The course covers: Leadership Skills, Health and Safety, Equipment, Learning to Play, Table Tennis Laws and Scoring, Organising Table Tennis Activities and Volunteering.

*Mile End Spotlight*
Wednesday 9 August

*Lansbury Spotlight*
Thursday 10 August
Worth 10 credits

**Basketball Activators Award**
with Basketball England
This is an introductory level qualification designed to empower young people with the skills, drills and basic technical knowledge to deliver recreational/social basketball. The 1 day course will provide any interested individual with a start in delivering basketball.

*Bromley North Spotlight*
Wednesday 23 August
Worth 10 credits
At Spotlight we believe in inspiring young people to be the leaders of tomorrow. Through 1:2:1 or group support you can get advice & guidance every day.

**Community Heroes with Spotlight**
Calling all volunteers who want to make a difference and gain experience through giving back! Each Tuesday we will be going out into the local community and lending a hand to those who need us most.

Our new team of volunteers that take part over the summer will be invited to form part of a new young leaders group and are invited to a fun team building trip on the 22nd August.

**Across all Spotlight Centres**
**Tuesdays 12–4PM**

**Sexual Health Drop In with Spotlight**
Got a question, concern or just want to know more? Drop in to Lansbury Spotlight any Monday over the holidays to get the answers you need.

**Lansbury Spotlight**
**Mondays 2–4PM**

**Employability Workshop with Spotlight**
Completed GCSEs or A-Levels this year? Looking to get a job but don’t know where to start? Come to Mile End Spotlight to set yourself on the right track.

**Mile End Spotlight**
**Wednesday 26 July & Wednesday 16 August 6–8PM**

**Drugs & Alcohol Workshop with CGL**
Get the facts about Drugs & Alcohol with CGL. Ask any questions you want and understand the risks / dangers surrounding Drugs. This is the place for you to get your questions answered.

**Mile End Spotlight**
**Wednesday 2 August 4–5PM**

**Knife Crime Workshop with Spotlight**
Concerned about Knife Crime in London today? Do you know the consequences of carrying or committing a crime? There are many ways to keep yourself safe and above the law. Find out more in this session.

**Mile End Spotlight**
**Friday 28 July 6–8PM**
GET INSPIRED

Snack & Chat with Spotlight
Every Sunday head down to Mile End Spotlight to have a chat about any issues that are concerning you and your friends. There’ll be healthy snacks to help the conversation flow!
*Mile End Spotlight
Sundays from 3PM

Level 1 Award Unit in Prevent Duty Awareness with OCN
This half day course will give an overview of the Government Prevent Initiative, extremism and radicalisation.
*Lansbury Spotlight
Monday 31 July 12-3PM
*Mile End Spotlight
Monday 31 July 3.30-8PM
Worth 10 credits

Healthy Relationships Project with Tender
Drama workshops exploring relationships with Tender working towards creating a performance – You will learn about healthy relationships, sharing information and develop your drama skills. Share back your work on the last day!
*Lansbury Spotlight
Tuesday 15 & Wednesday 16 August 12-5PM
Worth 30 credits

Sexual Health Workshop with Step Forward
Come to Mile End Spotlight for a run down of everything you need to know about keeping safe and relationships. The trained Staff from Step Forward will be able to offer you information & guidance confidentiality.
*Mile End Spotlight
Friday 11 August 6-8PM

Barista Training 16+ with Well Grounded
This course will help raise young people’s interest in and knowledge of speciality coffee, giving them the basic level of practical skills required by a professional barista. The course will also signpost and support participants into work.
*Lansbury Spotlight
Wednesday 16–Friday 18 August 12-4PM
Worth 30 credits
Breakfast Club
with Spotlight
Come and start your day right @ Lansbury Spotlight.
Get a free breakfast, play some games and get set for the day ahead.
Lansbury Spotlight
Mondays–Fridays
10AM–12PM
Spotlight is a creative youth service designed to inspire, and it’s all free! To become a member just sign up at one of our centres.

**MILE END SPOTLIGHT**
St Paul’s Way Community Centre, 83 St Paul’s Way, E3 4AJ

**LANSBURY SPOTLIGHT**
Langdon Park, 30 Hay Currie St, E14 6GN

**BROMLEY NORTH SPOTLIGHT**
Ian Mikardo, 60 William Guy Gardens, Talwin St, E3 3LF

**POPLAR SPOTLIGHT**
The Workhouse, Poplar High Street, E14 0AF

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